



Stern's finished fall cookies are sprinkled with maple sugar

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Everyone will fall for these cookies

After cultivating an online following with her flowery springtime cookies, a California chef looks to autumn for inspiration

Talk about flour power. With over 100,000 followers on Instagram, chef Lori Stern's brightly colored shortbread cookies pressed with edible plants and flowers have made her a social media darling. This season, she's swapping pansies and geraniums for ingredients such as hibiscus and grape leaves. "I'm inspired by the changing of the seasons, and the bounty that the garden still offers, such as figs, grapes, gourds and pomegranates," says the Montecito, California-based chef. "Before selling her cookies online and shipping them to customers, Stern ensures the distinct elements—most of which are plucked from her own garden—are not only edible but delightful. "It's still an experiment," she says, "and a learning process."

loriastern.com

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There's a better way to eat solo

Anita Lo, Michelin-starred chef and author of the new *Solo: A Modern Cookbook for a Party of One*, shares her favorite restaurants to dine alone



Ray

Portland, Oregon

With its "smalls" menu, Lo believes this Israeli restaurant does a great job of catering to singular appetites. She says that "a single person can eat a variety of food."
raypdx.com



The Hearth & Hound

Los Angeles

At chef April Bloomfield's new eatery, Lo recommends grabbing a seat at the bar in front of the open kitchen for "a great show."
thehearthandhound.com



Mie Café

Siem Reap, Cambodia

Lo says chef Pola Siv's five-course tasting menu is "more about the food, as opposed to tapas meant to be shared with a partner."
miecafe-siemreap.com



Ichiran

Brooklyn, New York

This ramen joint cuts human interaction out with solo booths and order forms. "You don't ever see a server," Lo says, "just hands." She promises it "enhances your experience."
en.ichiran.com



Lo's recipes are portioned for one, but they can be easily multiplied for company

LEFT: LORI STERN (2); BOTTOM RIGHT: GETTY IMAGES; COOKIE WORDS: JESSICA RITZ; EATING SOLO WORDS: JESS SWANSON